



AGEING WELL FESTIVAL 2023

**25TH SEPTEMBER TO 1ST OCTOBER
AT AGE CONCERN AT THE ELTON CENTRE**

COFFEE & CAKE FOR £3.00

EVERY DAY

***FREE TASTER SESSIONS OF OUR
OPEN WEEKLY ACTIVITIES***

(BOWLS, ART, CRAFT, TAI CHI, CONDITIONING WELLNESS)

CAFÉ OPEN

***ALL WELCOME TO COME
IN AND SOCIALISE***

ADVICE OFFICE OPEN

DO YOU HAVE A PROBLEM?

***BENEFITS, ENERGY, FORMS etc.,
POP IN FOR A CHAT***

AGE CONCERN STOURBRIDGE & HALESOWEN

St John's Road

Stourbridge

DY8 1HA

Contact: 01384 390065

